

# Jyoti Kalash

নদ্ধী দা ভ্রমীনিলদিয়া

Newsletter of Shri Sanatana Dharma Vidyalaya Association Schools

### School Toppers of SSDVMHSS



Harshita D. Salecha 589/600 Centum in Accountancy, Topper in Business Maths



Arpita 586/600 Centum in Hindi, Economics Topper in Business Maths



Divisha 585/600 Centum in Commerce



Mayank .R 570/600 Centum in Economics Topper in B.M. 96/100



**School Toppers of MFSDHSS** 

Venkatesh .D 569/600 Centum in Commerce & Economics Topper in Tamil 96/100



XII

STD.

STD.

Hriday .A 563/600 Centum in Commerce

X STD.



Hindi

I II
Meenakshi .M Navya
475/500 Choudhary
Topper in Tamil,
Maths, Social,



III Pragati 443/500



Social

Jenica Ankita Kumari 443/500 443/500 Topper in



Naveen Kumar .M 461/500 Topper in English 98/100



Kishore .R 460/500 Topper in Tamil 93/100



Siddesh .P 453/500 Topper in English 98/100

## School Toppers of SPS

X STD.



T.S. Praveen Kumar 489/500 Centum in Science Topper in English, Science & Social



S. Dheekshana Priya 482/500 Centum in Tamil & Maths Topper in Tamil & Maths



V.S. Rahul 467/500 Topper in Information Technology



K.P. Girish Gowtham 455/500

Topper in Accountancy
Economics & Business Studies



A.V. Roshini 446/500 Topper in English, Maths & Chemistry



V. Shahana 444/500 Topper in Physics & Biology

School Toppers of KAB



Prachi .M V A



Kavya V B

V STD.



## SHRI SANATANA DHARMA VIDYALAYA ASSOCIATION (Estd. 1919)

Managing Body:

S.S.D.V. Mat. Hr. Sec. School, (for Girls) Chennai - 79. (Estd. 1919)
M.F.S.D. Hr. Sec. School, (for Boys) Chennai - 79. (Estd. 1960)
K.A. Bal-Niketan Nursery Primary School, Chennai - 79. (Estd. 1962)
Shakthi Public School - Co-Education Unit, Tiruttani Taluk - 631 209.

# 17/26, Mangappan Street, Sowcarpet, Chennai - 600 079.

Ph.: 044 - 25382972, 48582972, E-mail: ssdvassociation@gmail.com



# Editorial

### From the Chairman



Congratulations to all our schools for the excellent performance in the recently held Board exams. It is indeed a proud moment for all our teaching staff & students.

Top performance in the CBSE Board examinations for grade X. Special congratulations to T.S. Praveen Kumar & S. DheekshanaPriya who have scored 98 % & 96.4 % respectively. Out of the 74 students who appeared for Grade XII 33 students passed with distinction. K.P. Girish Gowtham, A.V. Roshini & V. Sahana topped the commerce & science streams.

The students of Std XII & XI have secured 100 % result. Congratulations to Mrs. SumirlaInbaKumari for bagging the Teachers Achievement Award.

The RR academy & the Srinivasa Academy conducted Accounts exams and our students received meritorious awards & scholarships.

### **MFSD**

Grand inauguration of the AC & Modern library.

Appreciation for the contributions of Prof. Sri A. Krishna Kumar on his retirement

Congratulations to Sri S. Anantha Krishnan for receiving the Best Headmasters award & Smt. A.K. Mangairkarasi for the Best Teacher Award.

### KAB

Bal Pratibha interschool competition was well attended by nearly 112 students who participated in various competitions Womens day was celebrated with the lady parents. Students of UKG had their convocation and were awarded certificates by the Chief Guest.

Wishing the achievers greater success in future. May you continue to bring greater glory to our schools



Dr. R.K. Jhaver

### **Editorial**



Congratulations!

I extend my heartfelt congrats to SSDV, MFSD and SPS for the excellent results in your X, XI & XII board exams. As every year, this year too, our schools have proved that hard work and determination really pay off. In this edition, we have come out with the article "Mindfulness Miracle" in which you will see few steps to follow to feel the profound positive transformation that occurs, when one consistently practices mindfulness and start to appreciate the miracle of life.

M.P. Marda

con 1 mand

SPS

### **Editorial Panel**

SSDV



Sri S.P. Baheti

Smt. S. Latha



KAB

Sri R.C. Daga Smt. Meethu Sahadev



Sub-Editors

**Editors** 



Sri Vijay Kumar

Maheshwari



Sri Anantha

Krishnan

**MFSD** 







Sri S.M. Damani

Smt. Yadla Nagalakshmi

M.P. Marda **Chief Editor** 











Vini Jaisingh

Suganya

C. Rajakumari Smt. S. Gajalakshmi

J. Vinay Kumar

E. Nandhini



### SHRI SANATANA DHARMA VIDYALAYA MAT. HR. SEC. SCHOOL

No 358, Mint Street, Sowcarpet, Chennai - 600 079.



Principal's desk: Jai Shri Krishna, Greetings to you all!

As we stand at the threshold of a new academic year, it's time for fresh beginnings, renewed aspirations, and a strengthened resolve to chase your dreams. It is also an opportunity to learn from the past and step forward with confidence and purpose. May this year be filled with good health, success, and happiness. Remember, each day is a gift—an opportunity to be better, kinder, and wiser. The future is yours to shape—make it remarkable!

### **ECA VALEDICTORY CEREMONY & TEACHERS FELICITATION**

Valedictory Ceremony of Club Activities for the academic year 2024-2025, was held on 8th March 2025. A video Presentation was done on the ECA activities of the previous year and current year. Students of Std VI – IX from Language clubs (English, Hindi & Tamil), Science, Maths, Social and Computer Science clubs, took part in the club activities and gave various performances. Every activity carried out by the club encouraged students to cultivate a different perception of life and they got an opportunity to showcase and groom their talents. Beginning with Tamil Club, the students performed a skit on the importance of farming and the problems faced by the farmers. English club focused on inculcating creativity in English language through a debate on the topic "Will computers replace Teachers?" Hindi club performed a skit on the theme "Women Education". Math club demonstrated various interesting concepts like Tangrams & Fibonacci Circle, through dance form and also presented PPT, which made the audience fill with astonishment. Science club performed a skit on types of changes and life cycle of butterfly. Computer Science club demonstrated the hardware components of computes and its installation. Fashion Designing works were also exhibited. The members of the committee appreciated the efforts taken by the school to make the event a grand success.





### Teacher Achievement Award:

Mrs.Sumirla Inba Kumari.B was presented Teacher's achievement award by Shreyas Vidyalaya & SPR India.



IIT Workshop: A workshop on "Reimagining Education in an Al world" was organized by IIT in which the Principal along with two teachers attended. The focus of the workshop was to brainstorm on the impact of "Humancentric Al'.



**Srinivasa Academy:** A Career Guidance session was given and an exam on accounts was conducted. The following students won and availed scholarship for CA, CS & ICWA Training. 1st Prize: Arpita {89/90} Gift voucher Rs.15000/-

2nd Prize: Harshita (88/90) Gift voucher Rs. 10000/-

3rd Prize: Jeyana {87/90} & Kavita {87/90} Gift voucher Rs.7500/-

(per student)







Interview of XII Topper: A My name is Harshita, the topper of Class 12th with 98%. I'm truly thankful to all my teachers and my parents for their constant support and guidance. My teachers always encouraged me and helped me understand every subject clearly, and my parents supported me at every step with love and motivation. I have now chosen CMA as my career path, and I will continue to work hard with the same dedication and support.



Mansi

Yamini VI B



Tejal VII A



Yashi VII B



Riya.R Purohit VIII A



Renuka Kumari VIII B



Neha IX A



Kinjal IX B



### MOTILAL FOMRA SANATANA DHARMA HR. SEC. SCHOOL

No.17, Managappan Street, Sowcarpet, Chennai - 600 079.





Headmaster's Desk: Welcome to new Academic year. We produced outstanding Results in X,XI and XII std. Public Examination. Notably our X std. Students successfully wrote the Tamil Exam for the first time. I extend my warmest greetings to our supportive Management, dedicated Teachers' and talented Students for their hard work and Achievements. I would like to express sincere gratitude to our Management for Upgrading our AC library, providing a conducive learning environment and Renovating the AC Staff room enhancing staff comfort and collaboration.

I'm confident that with the collective effort and dedication of our Staff we'll strive for excellence and produce outstanding results in the next academic year. Let's work together to achieve greatness!



Skills open the door to opportunity: Skillful Activity Grand Finale was celebrated on 1st March with around 200 students from 6th to 8th std participating. The event was graced by several dignitaries including Chairman Dr. R.K. Jhaver, Vice Chairman Dr. Ashok Kumar Mundhra and Sri Vijay Kumar Goyal, General secretary Sri K.K. Maheshwari, Our Correspondent Sri Vijay Kumar Maheshwari, Joint Correspondent Sri Pradeep Chordia, Smt. Vandhana Bhattad

ECA Convenor of SSDV Association, Smt. Manju Sarda ECA Co-ordinator of MFSD and other key members of the SSDV Association. Students showcased talents across various club - from Hindi Poetry, Sand Art, and Martial Arts, to Digital Innovation, Science, Dance, Band, and Theatre. Activities from the WOW and Mime Clubs emphasized life skills and holistic learning, making education a transformative journey. The event was also published in The Hindu newspaper.













Today a Reader Tomorrow a Leader The renovation and grand inauguration of our MFSD AC Library on 4th April, led by our Chairman Dr. R.K. Jhaver and Correspondent Sri Vijay Kumar Maheshwari along with board members and Alumnus of MFSD Sri Deepak Bansal marks a significant step in our mission to enhance learning spaces. The upgraded library with collection of books, a Smart Board and ergonomic furnitures creating an environment that encourages students to learn and grow.

Ganesh Homam Ceremony marked the occasion of the Library's Inauguration. Having all the Management members and staff come together to participate in the ceremony to seek his blessings.

A grateful mind is a great mind We are much obliged to the Management for renovating the AC Staff room with latest facilities. The new space promotes comfort and ideal work environment for the staff.



Influence of A Teacher Can Never be Erased Retirement function of Sri. A. Krishna Kumar P.G Asst., Physics was held in MFSD Prayer Hall on 30th April to honour and celebrate his dedication and service. The Celebration was filled with warm memories, heartfelt tributes and appreciation for his contributions to the field of physics and the lives of students.



The Art of teaching is the Art of Assisting discovery Our Headmaster Sri S. Anantha Krishnan received "Best Headmaster's Award" from Vallal P.T. Lee Chengalvaraya Naicker College of Arts and Science for his exceptional leadership, dedication, and commitment to the School community. Smt. A.K. Mangaiyarkarasi received "Best Teacher' Award" from the same.

Congratulations Bharath Kumar of 9C for winning third place and a cash prize of Rs. 450 in the Hindi Elocution competition on 'Women Empowerment' organized by KAB.

Dilip Singh of 11C won third prize in the Echoes of Eloquence Competition conducted by Kola Saraswathi Sr. Sec. School



### Feedback-XII std. Topper Mayank

I am Mayank XII std. Topper. I sincerely thank my Headmaster, Teachers', family members and friends for continuously motivating and supporting me in reaching this position. I believe Small steps every day make a big difference.

### Academic Toppers 2024-2025



Choudhary VIA



Dixit Kumar F VI B



**Aniket Kumar** Kesarwani



VII A



Sarup Kumar VII B



Kumar

VIIC



Rajpurohit

VIII A

Singh

VIII B



Kumar G D VIII C



Babulal IX A



Himachal IX B



Jain B IX C





### SHRI KANAIYALAL AGARWAL BAL-NIKETAN NURSERY & PRIMARY SCHOOL

No 6, Chinnanaickaran Street, Sowcarpet, Chennai - 600 079.



### Heartfelt Congrats to the students of SSDV Group of Schools for their Excellent Results!

We believe that education is not limited to textbooks. True learning happens when students are encouraged to express, explore and experience. This Magazine is one such platform where our children voice their imagination, celebrate the culture, and share their thoughts. This year has been a journey of dedication and resilience. I am proud of our teachers for nurturing young minds with love and care to embrace learning with enthusiasm. The support from parents has also been a corner stone of our progress. I wish goodluck to all the students for the bright future.



Tribute: We are deeply saddened about the passing of our esteemed former Correspondent Smt. Sudha Mimani. Her dedication and working spirit will always be remembered.









Friends of Tribal Society "Small contributions, big transformations- be a part of change!" Students of KAB collected Rs. 1,09,000/-towards FTS. Cheque was handed over to Mr. Giri Bagri.

Yoga Champion – Chennai Open Aadhi Bhagavan Yoga Championship 2025 at BSC Jain school. Students from Std II – Std V participated and won prizes. 10 students won Istprize, 12 students won IInd prize and 17 students won IIIrd prize. Every asana they performed was a testament for their hardwork and dedication which made them win the championship. Winners received Trophy & Certificates.





Women's Day Celebration: "Behind every success , there's a women who never gave up." We celebrated Women's Day on 10th March with the lady parents. Ambitious ladies were honored and given mementoes.

PADHA POOJA & FAREWELL CELEBRATION: Parents of Vth std showered their blessings to their kids for a bright future in the next school. Followed by farewell celebration, in which students shared their experiences all they have come through.





CCA Valedictory: "Participation is the first step to greatness" students of all the classes actively participated in co-curricular activities as per schedule. Winners were given prizes and certificates. Overall championship trophy was shared by Heman V Purohit of III std and Shreya Joshi of Pre Kg.

**UKG Convocation:** Students of upper kindergarten were convocated with their convocation certificates by the Chief Guest Smt Sangeetha Harish (BA corporate) Alumini of KAB.



### Class Toppers 2024-25



























Survey No.167/2A, Murakkampattu Village, Tiruttani Taluk, Tiruvallur District, Tamil Nadu - 631 209.

CBSE: Affiliation No.: CBSE/Aff/1930700 (SL-01871-1617/2016)



Principal's Line: We are proud to share that our students of Grade X and XII have achieved outstanding results in the CBSE Board Exams 2025, marking yet another milestone in our journey of excellence. This remarkable success would not have been possible without the parents unwavering trust and encouragement. We sincerely thank all parents for believing in us and for standing by the school's vision. To our dear students, we are immensely proud of your hard work and dedication. Wishing each one of you a bright and successful future ahead!

We are delighted to welcome all our new students and parents to the Shakthi Public School family! Together, with your support and cooperation, we will continue to strive for excellence in all spheres and ensure the holistic development of every child. SPS—where learning is a joyful experience and every child is inspired to shine!

## IIT BOMBAY LOGIQIds MENTAL APTITUDE OLYMPIAD

We are proud to share the exceptional performance of our students in the LOGIQids Mental Aptitude Olympiad conducted by Techfest IIT Bombay.\*8 students from our school secured international ranks below 10, earning the prestigious Gold Medal along with a Certificate of Appreciation.\*10 students achieved international ranks below 50 and were awarded Certificates of Appreciation.\* 45 students secured international ranks below 145, also receiving Certificates of Appreciation from LOGIQids.



SPS Students with their Medals and Certificates of Appreciation



SPS Team with their Medals as well as Certificate of Appreciation

### 2ND PLACE IN STATE-LEVEL VOLLEYBALL CHAMPIONSHIP

Shakthi Public School has once again demonstrated its excellence in sports! Our Boys' Volleyball Team participated in the State Level Inter-School Tournament organized by the Tamil Nadu Physical Education and Sports University on 26th February, 2025, and secured 2nd place in the championship.





Shivanya of Grade 1 received trophy as well as certificate of appreciation from Principal madam.

### THIRD GENERATION DRAWING COMPETITION

Miss Shivanya of Grade 1 has won the First Prize at the District Level in the AMAZING KIDS 2024-25 State Level Drawing Competition, conducted by Third Generation (TN & Puducherry), Chennai. Her outstanding creativity and artistic talent have brought great pride to Shakthi Public School at such a young age.

### STD XII TOPPER INTERVIEW



My parents, teachers and principal mam has inspired and motivated me constantly. Their belief in me kept me going.Believe in yourself. Stay consistent, revise regularly, and don't let failures break your confidence. Work smart and take care of your health too. You don't need to be the smartest-you just need to be consistent. Work hard even when no one is watching. Believe in the process. Trust yourself. And remember: Success doesn't come overnight-it comes with quiet effort, every single day. Youdon't need to study 16 hours a day. What you need is focus. Never give ......qu

### CLASS TOPPERS















II-TOPAZ



II-SAPPHIRE





III-TOPAZ







IV-TOPAZ



IV-SAPPHIRE



LKG-T

LAKSHITHSHREE.K.R.A JAASHVI ADYA.S YADUKRISHNA M.D

DWARAKHA PS

I-SAPPHIRE





MONISH, V.M

III-SAPPHIRE



V-SAPPHIRE

VI-TOPAZ

VI-SAPPHIRE

VII-TOPAZ

VII-SAPPHIRE

VIII-TOPAZ

VIII-TOPAZ

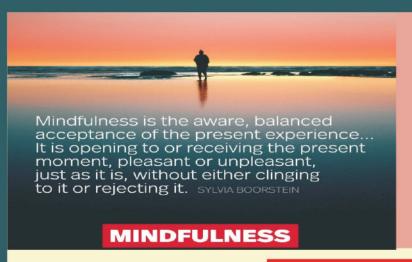
VIII-SAPPHIRE

IX-TOPAZ

IX-SAPPHIRE

XI-TOPAZ

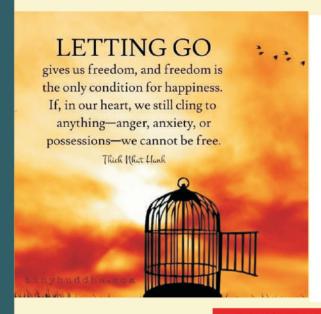
XI-SAPPHIRE



Here in this volume, we will fill our minds with the following topics

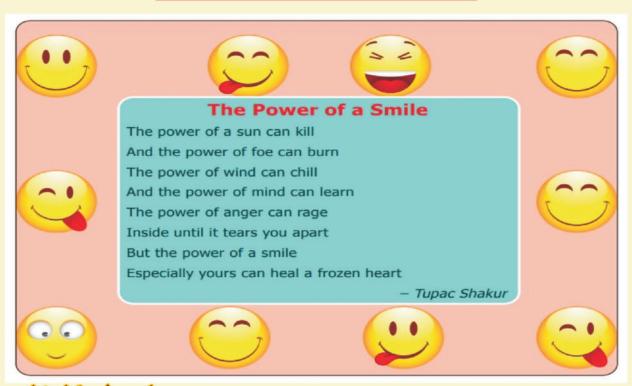
- 1.Letting go
- 2. Power of smile
- 3. Handling Negativity
- 4. One minute Listening
- 5.Acceptance

# **LETTING GO**





## **POWER OF SMILE**





## **HANDLING NEGATIVITY**

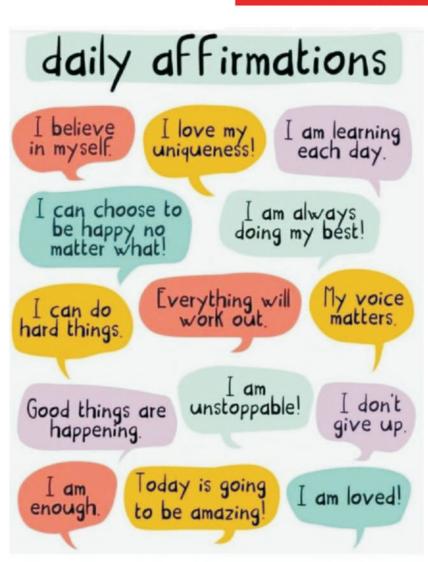
# 5 Ways To Handle Your Negative Thoughts

- Be conscious of your thoughts: As soon as you find yourself thinking a negative thought, stop yourself from thinking it.
- Keep Busy: Keeping your hands and mind occupied by doing tasks like cleaning, sorting, knitting etc. helps keep your mind off negative thoughts.
- Avoid Triggers: Minimizing contact negative people and avoiding negative triggers can help keep you sane and positive.
- Get Rest: Lack of sleep greatly affects your mood, causing you to feel anxious, irritable and angry.
- Listen To Music: Listening to your favorite music for 25 minutes a day can bring about a great mood change and have a positive effect on your health and day.

# **ONE MINUTE LISTENING**



## **ACCEPTANCE**



# BENEFITS

### 1. REDUCED STRESS

Acknowledging emotions without judgment reduces stress, promoting inner peace, easing challenges, and lowering stress levels.



## 2. IMPROVED MENTAL HEALTH

Accepting emotions enhances mental healby promoting self-compassion, selfacceptance, and overall well-being.



### 3. DEEPER SELF-UNDERSTANDING

Emotional awareness aids in self-discovery understanding thoughts, feelings, and behaviors, fostering personal growth, healing, and mindful decision-making.



## 4. ENHANCED EMOTIONAL INTELLIGENCE

Emotional intelligence includes recognizing, understanding, and managing emotions to improve social interactions with empathy and emotional awareness.



### 5. IMPROVED RELATIONSHIPS

Acknowledging and accepting emotions positively impacts relationships by fostering trust, understanding, emotional intimacy, enhancing communication, conflict resolution, empathy, and compassion.



## 6. PERSONAL GROWTH AND SELF-DEVELOPMENT

Accepting emotions fosters personal growth by learning from experiences, developing positive changes, healthier coping mechanisms, and self-improvement.



### SHRI SANATANA DHARMA VIDYALAYA MAT. HR. SEC. SCHOOL

**RESULT ANALYSIS - XII** 

SUBJECT - WISE TOPPERS



Payal .S Tamil Topper 84/100



**English Topper 97/100** 

No. of Centums Secured: 14

**RESULT ANALYSIS - XI** 

**CLASS TOPPERS** 



Rivanshi Tanushree .R 588/600 586/600 Centum in Hindi Centum in Hindi Topper in Eco, Acct & B. Maths Topper in Eco

Ш Kiran **Hindi Topper** 578/600 **Centum in Com** Topper in B. Maths





Chandhini **English Topper Tamil Topper** 98/100 75/100



99/100

No. Appeared: 64



No. of Centums Secured: 07

Neetu Kumari Vandana Kumari **Acct Topper** Eco Topper 99/100

No. Appeared: 68 | No. Passed: 68 | Pass %: 100%

No.Appeared: 73 | No. Passed: 73 | Pass %: 100%

**RESULT ANALYSIS - X** 

SUBJECT - WISE TOPPERS



Saritha Kumari .S Hindi Topper, 95/100



Lakshmi Kumari **Hindi, Eng Topper** 95-99/100



Science Topper 96/100

### MOTILAL FOMRA SANATANA DHARMA HR. SEC. SCHOOL

**RESULT ANALYSIS - XII** 

No. Appeared: 116

No. of Centums Secured: 06

### SUBJECT - WISE TOPPERS



Akash Joshi Com. App. 99/100



Darshan G English 90/100



Milan Jain Maths, Com. Sci. 83-98/100



Vishal I **Physics** 86/100



Lakshman N Chemistry 91/100



Bharath J Biology 80/100



Prayeen P Com. Science 98/100

SUBJECT – WISE TOPPERS



**Nikhil Singh** Purohit



Purchit Accounts 99/100 History 94/100



Narendar Hindi 99/100

RESULT **ANALYSIS - XI** 

### **CLASS TOPPERS**



Bharat .D



581/600 Centum in B. Maths, Accounts 580/600 Centum in Physics Topper in Commerce & Economics Topper in Tamil, Eng, Che, Bio 95-98-97-92/100



Sonu III 567/600 Topper in Hindi 99/100



Pratam Topper in Hindi 99/100

SUBJECT - WISE TOPPERS



**Mehul Kumar** Topper in Comp. Sci. 99/100



No. Appeared: 125

Kuldeep Topper in 99/100

Harish Das

Topper in

History

69/100

No. of Centums Secured: 05

99-99/100 **RESULT ANALYSIS -**

### No. Appeared: 92

### No. of Centums Secured: 02



Sharique .M Hindi Topper 91/100



Vishwas Singh .R **English Topper 98/100** 



Aryan Kumar English Topper 98/100



Rajkumar Dubey Science Topper 94/100



**Jigar Singh** Maths, Sci. Topper 93-94/100



**Praveen Kumar Hindi Topper (Optional)** 94/100















KAB-Bal-Pratibha Cultural Performance







### **SSDVMHSS**

### Centum Scorers XII, XI & X Std.

### Centum Awardees

### Centum Scorers XII Std.



Dimple Kumari Centum in Commerce,



Centum in



Nisha Computer Application Computer Application Computer Application



Khushi .P







Ms. Suchitra 1 Centum in XII Eco



Centum Producer XII, XI & X Std.

Mrs. Vasumathy 9 Centums in XII C.App. 1 Centum in XI C.App.



Mrs. Amirdham 3 Centums in XI Com 1 Centum in XII Accounts



Centum in Centum in Centum in Contum in Contum in Computer Application C







Gouthami .M



Suman



Mrs. Sumirla 2 Centums in XII Com



Mrs. Aarthi 1 Centum in XII Hindi



Mrs. Sandhya 3 Centums in XI Hindi

### Centum Scorers XI Std.







Neetu Kumari Centum in Hindi Centum in Commerce Centum in Commerce



Centum in **Computer Application** 

# 100%

## **MFSDHSS**

### Centum Scorers XII Std.



Jitendra Kumar .D Centum in Economics Topper in Hindi 98/100



Centum in Commerce

Sri A. Krishna 1 Centum in XI Physics

Smt. A.K. Mangaiyarkarasi 1 Centum in XII Com 2 Centums in XI Accounts



Smt. D. Gomathi 2 Centums in X Social Science

## Centum Scorers XI Std.



Bharat .R Centum in Maths



Vikas Prajapat .G Centum in Accountancy

Sri Rajendra Prasad Yadav 1 Centum in XI Maths 1 Centum in XI B. Maths



Smt. S. Gajalakshmi 3 Centums in XII Economics



Smt. Uma Maheswari 2 Centums in XII Commerce

### Centum Scorers X Std.



Narender .K Centum in Social Science



Darshan M. Jain Centum in Social Science



## SPS

### Centum Scorers X Std.



S. Dheekshanapriya Centum in Tamil & Maths



T.S. Praveen Kumar Centum in Science

Sri B. Adhilakshmi 1 Centum in Tamil

### Centum Producer X Std.



Mrs. G. Kadhambari 1 Centum in Maths



Mr. J. Vinay Kumar 1 Centum in Science



Mr. P.P. Udayakumar 1 Centum in Science